

The Islamia University of Bahawalpur

Department of Mathematics
BS 4th Semester Session Fall 2018-2022

Course Outline

Instructor: Muskan Hussain

Course: Psychology

Course Objective:

The objective of this course is to help the student in developing an understanding about the basic techniques and skills required for the understanding of psychological activities and their impact on the individual behaviour and society. After completion of this course the student will be able to understand the basics of individual behaviour and its challenges and will be able to interpret the impact of different activities on the society.

Methodology:

The learning sharing activities will be developed among the students during the class by lectures, discussion, question answer session and participations. Readings relevant to the subject will be circulated and discussed in the class also. At the end the students will be tested through the quiz class participation, mid and final exam.

Course Contents:

Session	Chapters
Session 1 & 2	Introduction to psychology, nature of psychology, schools of thought
Session 3 & 4	Scope of Psychology, Branches of Psychology, Approaches to Psychology
Session 5 & 6	Psychological Research (Experimental, Observational, Survey, Correlation and Case Study Methods)
Session 7 & 8	Learning
Session 9 & 10	Personality
Session 11 & 12	Attitude
Session 13 & 14	Quizzes, Assignments, Case Study
Session 15 & 16	Presentations
	MID TERM EXAMINATION
Session 17 & 18	Motivation and Emotions
Session 19 & 20	Thinking and Intelligence
Session 21 & 22	Lifespan Development
Session 23 & 24	Organizational Psychology
Session 25 & 26	Stress and Lifestyle
Session 27 & 28	Social Psychology
Session 29 & 30	Structure of nervous system (C.N.S)
Session 31 & 32	Quizzes, Assignments, Presentations
	FINAL TERM EXAMINATION

Marks Distribution:

Quizzes, assignments & Presentations	15
Attendance	05
Mid Term	30
Final Term	<u>50</u>
Total	100

Recommended Book:

Introduction to Psychology (9th Ed.) by David Myers.

Introduction to Psychology (Published 2011) by Charles Stangor.

Introduction to Psychology (Published 2012) by Lisa Contino, Ph.D.